

# September 2025

**KACS** | Lunch Served: Monday - Friday, 11:30 am – 12:00 pm  
1000 S Bascom Ave, San Jose, CA 95128, (408) 421-6646

| Monday                                                                                                                                               | Tuesday                                                                                                                                              | Wednesday                                                                                                                                            | Thursday                                                                                                                                            | Friday                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 1<br><br><b>Closed for Labor Day</b>                                                                                                                 | 2<br>소 불고기<br><b>Beef Bulgogi (Stir Fry)</b><br>Stewed Bean<br>Seasoned Cucumbers                                                                    | 3<br>닭도리탕<br><b>Dakdoritang</b><br><b>(Chicken and Vegetable Stew)</b><br>Fish Cake Stir Fry<br>Seasoned Broccoli and Tofu                           | 4<br>비빔밥 (소고기,계란)<br><b>Bibimbap</b><br><b>(Rice with Assorted Toppings)</b><br>Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée | 5<br>고등어구이<br><b>Godeungeo Gui</b><br><b>(Grilled Mackerel)</b><br>Seasoned Tofu<br>Seasoned White Radish                   |
| 8<br>소 불고기<br><b>Beef Bulgogi (Stir Fry)</b><br>Stewed Bean<br>Seasoned Cucumbers                                                                    | 9<br>닭도리탕<br><b>Dakdoritang</b><br><b>(Chicken and Vegetable Stew)</b><br>Fish Cake Stir Fry<br>Seasoned Broccoli and Tofu                           | 10<br>비빔밥 (소고기,계란)<br><b>Bibimbap</b><br><b>(Rice with Assorted Toppings)</b><br>Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée | 11<br>고등어구이<br><b>Godeungeo Gui</b><br><b>(Grilled Mackerel)</b><br>Seasoned Tofu<br>Seasoned White Radish                                          | 12<br>돼지불고기<br><b>Pork Bulgogi (Stir-Fry)</b><br>Folded Egg<br>Stir Fried Seaweed Stems                                     |
| 15<br>닭도리탕<br><b>Dakdoritang</b><br><b>(Chicken and Vegetable Stew)</b><br>Fish Cake Stir Fry<br>Seasoned Broccoli and Tofu                          | 16<br>비빔밥 (소고기,계란)<br><b>Bibimbap</b><br><b>(Rice with Assorted Toppings)</b><br>Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée | 17<br>고등어구이<br><b>Godeungeo gui</b><br><b>(Grilled Mackerel)</b><br>Seasoned Tofu<br>Seasoned White Radish                                           | 18<br>돼지불고기<br><b>Pork Bulgogi (Stir-Fry)</b><br>Folded Egg<br>Stir Fried Seaweed Stems                                                             | 19<br>소 불고기<br><b>Beef Bulgogi (Stir Fry)</b><br>Stewed Bean<br>Seasoned Cucumbers                                          |
| 22<br>비빔밥 (소고기,계란)<br><b>Bibimbap</b><br><b>(Rice with Assorted Toppings)</b><br>Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée | 23<br>고등어구이<br><b>Godeungeo Gui</b><br><b>(Grilled Mackerel)</b><br>Seasoned Tofu<br>Seasoned White Radish                                           | 24<br>돼지불고기<br><b>Pork Bulgogi (Stir-Fry)</b><br>Folded Egg<br>Stir Fried Seaweed Stems                                                              | 25<br>소 불고기<br><b>Beef Bulgogi (Stir Fry)</b><br>Stewed Bean<br>Seasoned Cucumbers                                                                  | 26<br>닭도리탕<br><b>Dakdoritang</b><br><b>(Chicken and Vegetable Stew)</b><br>Fish Cake Stir Fry<br>Seasoned Broccoli and Tofu |
| 29<br>고등어구이<br><b>Godeungeo Gui</b><br><b>(Grilled Mackerel)</b><br>Seasoned Tofu<br>Seasoned White Radish                                           | 30<br>돼지불고기<br><b>Pork Bulgogi (Stir-Fry)</b><br>Folded Egg<br>Stir Fried Seaweed Stems                                                              |                                                                                                                                                      |                                                                                                                                                     |                                                                                                                             |

**All meals include white and brown rice with beans, fruit, and milk.** | Each meal has ~750-900 mg of sodium. |  **HIGH SALT** (more than 1,000 mg of sodium)

Reservations may be required. Contact the site managers for availability.

Suggested contributions for participants age 60+ is \$5 per meal. **Guest fee is \$9 per meal.**

KACS serves Korean Cuisine **catered by Megamart.**

Menu subject to change.

