

October 2025

KACS | Lunch Served: Monday - Friday, 11:30 am – 12:00 pm
1000 S Bascom Ave, San Jose, CA 95128, (408) 421-6646

Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3
		소 불고기 Beef Bulgogi (Stir Fry) Stewed Bean Seasoned Radish	닭도리탕  Dakdoritang (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) Bibimbap (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée
6	7	8	9	10
돼지불고기 Pork Bulgogi (Stir-Fry) Folded Egg Seasoned Seaweed	소 불고기 Beef Bulgogi (Stir Fry) Stewed Bean Seasoned Radish	닭도리탕  Dakdoritang (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) Bibimbap (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 Godeungeo Gui (Grilled Mackerel) Seasoned Tofu Seasoned White Radish
13	14	15	16	17
Closed for Indigenous People's Day	닭도리탕  Dakdoritang (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) Bibimbap (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 Godeungeo Gui (Grilled Mackerel) Seasoned Tofu Seasoned White Radish	돼지불고기 Pork Bulgogi (Stir-Fry) Folded Egg Seasoned Seaweed
20	21	22	23	24
닭도리탕  Dakdoritang (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) Bibimbap (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 Godeungeo Gui (Grilled Mackerel) Seasoned Tofu Seasoned White Radish	돼지불고기 Pork Bulgogi (Stir-Fry) Folded Egg Seasoned Seaweed	소 불고기 Beef Bulgogi (Stir Fry) Stewed Bean Seasoned Radish
27	28	29	30	31
비빔밥 (소고기,계란) Bibimbap (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 Godeungeo Gui (Grilled Mackerel) Seasoned Tofu Seasoned White Radish	돼지불고기 Pork Bulgogi (Stir-Fry) Folded Egg Seasoned Seaweed	소 불고기 Beef Bulgogi (Stir Fry) Stewed Bean Seasoned Radish	닭도리탕  Dakdoritang (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu

All meals include white and brown rice with beans, fruit, and milk. | Each meal has ~750-900 mg of sodium. |  **HIGH SALT** (more than 1,000 mg of sodium)

Reservations may be required. Contact the site managers for availability.

Suggested contributions for participants age 60+ is \$5 per meal. **Guest fee is \$9 per meal.**

KACS serves Korean Cuisine **catered by Megamart.**

Menu subject to change.

