

# January 2026

**KACS** | Lunch Served: Monday - Friday, 11:30 am – 12:00 pm  
1000 S Bascom Ave, San Jose, CA 95128, (408) 421-6646

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
비빔밥 (소고기,계란) <b>Bibimbap</b> (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 <b>Godeungeo Gui</b> (Grilled Mackerel) Season ed Tofu Seasoned White Radish	돼지불고기 <b>Pork Bulgogi (Stir-Fry)</b> Folded Egg Seasoned Seaweed	소 불고기 <b>Beef Bulgogi (Stir Fry)</b> Stewed Bean Seasoned Radish	닭도리탕 <b>Dakdoritang</b> (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu
12	13	14	15	16
고등어구이 <b>Godeungeo Gui</b> (Grilled Mackerel) Seasoned Tofu Seasoned White Radish	돼지불고기 <b>Pork Bulgogi (Stir-Fry)</b> Folded Egg Seasoned Seaweed	소 불고기 <b>Beef Bulgogi (Stir Fry)</b> Stewed Bean Seasoned Radish	닭도리탕 <b>Dakdoritang</b> (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) <b>Bibimbap</b> (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée
19	20	21	22	23
<b>Martin Ruther King Jr. Day</b>	소 불고기 <b>Beef Bulgogi (Stir Fry)</b> Stewed Bean Seasoned Radish	닭도리탕 <b>Dakdoritang</b> (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) <b>Bibimbap</b> (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 <b>Godeungeo Gui</b> (Grilled Mackerel) Seasoned Tofu Seasoned White Radish
26	27	28	29	30
소 불고기 <b>Beef Bulgogi (Stir Fry)</b> Stewed Bean Seasoned Radish	닭도리탕 <b>Dakdoritang</b> (Chicken and Vegetable Stew) Fish Cake Stir Fry Seasoned Broccoli and Tofu	비빔밥 (소고기,계란) <b>Bibimbap</b> (Rice with Assorted Toppings) Beef, Egg, Carrots, Spinach, Cucumber, Gobi, and Mushroom in entrée	고등어구이 <b>Godeungeo Gui</b> (Grilled Mackerel) Season ed Tofu Seasoned White Radish	돼지불고기 <b>Pork Bulgogi (Stir-Fry)</b> Folded Egg Seasoned Seaweed

All meals include white and brown rice with beans, fruit, and milk.

| Each meal has ~750-900 mg of sodium.



**HIGH SALT** (more than 1,000 mg of sodium)

Reservations may be required. Contact the site managers for availability.

Suggested contributions for participants age 60+ is \$5 per meal. **Guest fee is \$9 per meal.**

KACS serves Korean Cuisine **catered by Megamart.**

Menu subject to change.

